

**City of East Ridge
ADULT BASKETBALL LEAGUE
2012**

LEAGUE GUIDELINES AND RULES

1. Clock format and Game duration: Each game will consist of:

- ☐ Two (2) 20-minute 'running halves'.
- ☐ The clock will only be stopped for team or official timeouts.
- ☐ The clock will revert back to a 'regular clock' format during the final two (2) minutes of the 1st and 2nd Halves. (Clock will stop last two minutes of each half)
- ☐ Halftime will be 5 minutes.

2. Jerseys:

- ☐ All players must have matching jerseys with legal numbers.
- ☐ Legal numbers are **0, 00, 1-5, 10-15, 20- 25, 30-35, 40-45, and 50-55.**
- ☐ Players are **NOT ELIGIBLE** to play in a game if they do not have a jersey.
- ☐ Players wearing jerseys with illegal numbers are subject to a technical foul.
- ☐ Players **CAN NOT** switch jerseys during the game or after a player has fouled out.

3. Short-Handed Rule:

- ☐ A Game **CAN NOT** ever start with less than five (5) players.

4. Regulation game Timeouts:

- ☐ Two (2) full timeouts (1 minute) in the 1st half
- ☐ Two (2) full timeouts (1 minute) in the 2nd half.
- ☐ Timeouts **cannot** be carried over from the 1st half to the 2nd half.

5. Officials:

- ☐ League games will be officiated by two (2) certified High School officials.
- ☐ Officials that are assigned to all Adult League games are instructed to **NOT TOLERATE** any verbal abuse or unsportsmanlike conduct.

6. Overtime:

- ☐ Teams tied after 'Regulation play' will play '**Overtime**'. Overtime periods will be handled accordingly:
- ☐ Length of 'Overtime' = 2 minutes operating under '**Regular Clock**' format.
- ☐ Overtime Timeouts = Each team will have one (1) full timeout (1 minute), during each overtime period. Regulation timeouts cannot be carried over into overtime.
- ☐ Tie: Only two (2) overtime periods shall be played. The game will end in a 'tie' if teams are still tied after the 2nd overtime.

7. Tournament:

- ☐ Teams participating in the Post-Season Tournament will be seeded according to their WIN-LOSS record.

8. Ejection:

- ☐ Ejections results in a **1-game suspension**.

- ☐ Two (2) personal technical fouls you are automatically ejected.
- ☐ A player or coach can be ejected (without any technical fouls) for any unsportsmanlike act/conduct. Also, flagrant acts or conduct can result in ejection from the game.

9. Profanity/Fighting Rule:

- ☐ Any coaches/players who engage in a fight will be suspended from the league. No exceptions!
- ☐ Any coaches/players who use explicit profanity will be ejected from the current game and must serve their 1-game suspension.
- ☐ A second offense by the same coach/player will result in suspension from the league. In addition, players who leave the bench during an altercation will be suspended.

10. Eligibility Rules:

- ☐ Rosters are due on **March 4th, 2012**.
- ☐ A line will be drawn under the last name on each roster after they have been turned in.
- ☐ Then, the names on the official roster will be transferred to score sheets that will be present at each game.
- ☐ No player shall play in a league game if their name is not on the official score sheet at game time.
- ☐ Players can be added to the official roster up until **March 11th, 2012**.

11. Practice:

- ☐ We will have open gym most Tuesdays & Thursdays from 7:00p.m. – 9:00p.m.
- ☐ No teams will be assigned practice times.
- ☐ Open for all team for shoot around and pick up games
 - Pick up games-10 minute running clock
 - Winner stay up

12. Last Game:

- ☐ Teams assist in picking up trash in gym.
- ☐ Teams assist in taking out trash.

Tennessee Secondary School Athletic Association rules will govern our league other than what is outlined below. Any 'League Guidelines' not covered or discussed will revert to the THSA rulebook. www.tssaa.org

Schedules are posted on www.eastridgetn.org under the community center tab

Games will not be on Easter, Mother's Day

Additional information contact Daniel C. Wright at:

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